

THE ALB
EST:1804
RE-EST:2012

FOOD MENU

WWW.THEALB.CO.UK

THE ALB
COCKTAILS
KITCHEN
ROOMS

TAPAS

Our traditional Tapas comes out as & when it is ready

FRESH PEA & MINT HUMMUS

w/ Home Made Bread - 4.80 [V/VEGr/DFr/NF]

CHICKEN WINGS

Maple BBQ / Hot & Smokey / Leithal

Served w/ Blue Cheese Sauce - 7.80 [NF]

ROASTED CHICKEN THIGHS

Lemon, Thyme, Chilli & Paprika - 6.30
[GF/DF/NF]

LAMB KOFTAS

Harissa Yoghurt, Shallot & Peanut Salad - 5.90 [NFr/GF]

SPANISH MEATBALLS

Pork & Beef Meatballs, Red Wine Tomato Sauce, Parmesan & Rocket - 6.0 [GF/DFr/NF]

PIGS

Pigs in Blankets w/ A Spicy Sofrito Sauce - 6.00 [NF/DF/GF]

GRILLED VEGETABLE SKEWERS

Marinated Courgettes, Peppers, Corn, Red Onions & Mushrooms w/ Sweet Chilli Glaze - 7.00 [VEG/NF/V/GF/DFr]

WHOLE CORN ON THE COB

Butter & Paprika w/ Aioli - 5.20
[GF/V/NF/DFr]

GARLIC & LEMON PRAWNS

6.40 - [NF/DFr/GF]

MAPLE BBQ BEEF BURNED ENDS

Scallions, Peanuts & Chillies - 6.0 [GF/DF]

PORK BELLY BITES

W/ Salsa Verde - 6.6 [DF/NF/GF]

PATATAS BRAVAS

Roasted Potato with a Tomato Basil Sauce & Aioli - 6.50 [NF/DF/GF/VEG]

HALLOUMI FRIES

Served w/ a Pomegranate & Harissa spiced Yoghurt - 6.40 [GF/NF/V]

GRILLED AUBERGINE

Roasted Red Peppers, Garlic, Parsley & Homemade Bread - 5.20 [GFr/DFr/NF/VEG/V]

BRUSCHETTAS

Tomato

Tomato Concass, Parmesan, Rocket & Balsamic s/ on Toasted Bread - 5.50 [NF/DFr/VEGr/V]

Olive

Black Olive Tapenade, Parma Ham & Rocket s/ on Toasted Bread - 5.80 [NF/DF/VEGr/Vr]

Prawn

Garlic and Chilli King Prawns s/ on Toasted Bread - 6.50 [NF/DFr]

HOUSE SALAD

Tomatoes, Cucumber, Red Onions, Olives, Parsley, Mint & Salad Leaves - 4.70
[GF/NF/DF/VEG/V]

SALAD CAPRESE

Tomatoes, Mozzarella, Basil, Olive oil & Balsamic - 5.60 [NF/DFr/GF]

HOT & SMOKY POT

Prawns Sautéed in a Hot Smoky Sauce w/ Homemade Bread - 6.70 [GF/DFr/NF]

SALT & PEPPER SQUID

5.80 [NF/GF/DF]

CHORIZO COOKED IN CIDER

5.50 [NF/DF/GF]

SALT COD FRITTERS

Lemon, Parsley & Saffron Aioli - 6.0 [NF]

CURED SALMON

Beetroot, Blackberry & Gin Cured Salmon w/ Garlic Toasts - 6.20 [NF/DF]

ZANAHORIAS ALINADAS

Carrots Marinated in Spices, Olive Oil & Garlic - 5.2 [NF/DF/GF/VEG/V]

PISTO CON HUEVOS

Spicy Salsa, Eggs & Homemade Bread - 6.0
[NF/GF/V]

SMOKEY TOMATO & BUTTERBEAN DIP

W/ Homemade Bread - 6.0 [NF/DF/VEG/V]

PIZZA

Our 12inch Pizzas are Hand Rolled & Stone Baked

TANDANORI

Tandoori Roasted Chicken, Pickled Red Onion, Spinach, Mozzarella, Katsu Mayo, on an Activated Charcoal Sourdough & Tomato Base - 10.40 - [NF/GFr/DFr]

HEY PESTO!

Feta, Green Pesto, Pickled Red Onions, Mushrooms, Black Olives, Tomato & Spinach on a Sourdough Base - 9.80 - [V/VEGr/NF/GFr/DFr]

THAI QUORN DOUGH

Plant Based Chicken Alternative, Baby Sweet Corn, Scallions, Chilli, Tomato & Mozzarella on a Sourdough Base - 9.8 - [V/DF/VEGr/GFr]

MARGHERITA

Classic Margherita: Tomato & Mozzarella on a Sourdough Base - 9.0 - [NF/GFr/Vr/DFr]

MEAT FEAST

Spinach, Mushrooms, Parma Ham, Pepperoni, Chorizo, Tomato & Mozzarella on a Sourdough Base - 10.50 [NF/GFr/DFr]

LEITHAL

Chorizo, Proscuito, Mushrooms, Jalapenos, Mozzarella, Leithal Sauce, Tomato & Mozzarella on an Activated Charcoal Sour Dough - 11.00 - [NF/GFr/DFr]

STACHIO

Lamb, Pistachio, Pomegranate Molasses, Tomato & Mozzarella on a Sourdough Base - 10.40 [GFr]

SIDES

HOMEMADE BREADS

Olive Oil & Balsam - 3.0 [VEG/DF]

MIXED OLIVES

3.40 [VEG/DF/GF/NF]

SKIN ON FRIES

3.80 [VEG/GF/DF/NF]

ALLERGY ADVICE

Vegan [VEG] **On Request:**
Vegetarian [V] Vegan [VEGr]
Dairy Free [DF] Dairy Free [DFr]
Gluten Free [GF] Gluten Free [GFr]
Nut Free [NF] Nut Free [NFr]

BIANCA

A Garlic Buttered Dough Base - Ideal for sharing!

CATCH-TWENTY-TWO

Smoked Salmon, King Prawns, Cray Fish, Caper-berries, Torn Mozzarella, Pesto, Rocket, Garlic Butter Sauce Base - 11.50 [NF/DFr/GFr]

BOPITY-BOOPIE

Ricotta, Mozzarella, Sundried Tomatoes & Spinach - 11.00 [NF/V]

KIEV & PERI

Garlic Roasted Chicken, Spring Onions, Mozzarella, Peri Peri Sauce on a Garlic Butter Base - 10.90 [NF/DFr/GFr]

BACON ME CRAZY

Pancetta, Rocket, Parmesan & Mozzarella - 10.80 [GFr/NF/DFr]

SHARING BOARDS

CHARCUTERIE

A selection of Cured Meats, Pea Hummus & Mixed Olives, w/ Bread & Dips - 13.80 [GFr/NF]

ANTIPASTI

Mozzarella Salad, Pea Hummus, Halloumi, Olives & Pickles w/ Breads - 13.90 [V/NF/GFr]

FISH MEZZE

Crispy Squid, Garlic Prawns, Cured Salmon, Pea Hummus, Olives & Served w/ Garlic Bread - 13.40 [GFr/NF/DF]

SWEETS

LECHE FRITTA

Deep Fried Custard Fritta Coated in Icing Sugar and Served w/ a Strawberry Jam Sauce - 5.60 [NF/V]

CHURROS

Long Filled Doughnuts served w/ Butterscotch & Chocolate Sauce - 6.00 [DFr/VEGr]

STICKY TOFFEE PUDDING

Sticky Toffee Sauce served w/ Mango Sorbet - 5.00 [NF/V]

All prices are in GBP and include VAT at the current rate.